

Course Map



Directions to JTI Fountain, Main St.

Address: Race will start at **JTI Fountain** 215 Main St. Danville, VA 24541

From Raleigh/Durham, NC: Follow 86N to the 29N Expwy. Take the exit and follow 29N to the 58W Bus. Exit. Follow 58W Bus until you make a left onto 293S and across MLK Bridge.

From Greensboro, NC: Follow 29N Bus. Into Danville. Follow 29N Bus. Until you bear left onto 293N. 293N will become W. Main and then Main St.

From Martinsville, VA: Follow 58E Bus. Into Danville. Follow Riverside Dr. Until you take a right on 293S and cross MLK Bridge.

From South Boston, VA: Follow 58W Bus. Into Danville and turn left on 293S and cross MLK Bridge.

From Lynchburg, VA: Follow 29S Bus. Into Danville. Then take Alt. 29S to 58E Bus (Riverside Dr.). Turn right off 58E Bus onto 283S and cross MLK Bridge.

Information

REGISTRATION PROCEDURES:

Pre-registration fee is **\$25.00** (no refunds). The **race day** fee is **\$30.00**. 19 and under: \$10 pre-reg. And \$15 on race day. Make checks payable to **Danville Running & Fitness Club, 320 First Court, Danville, VA 24541**. Your cancelled check is your receipt. There will be race day registration and packet pick-up from 7:30 a.m. - 8:45 a.m. at **JTI Fountain**. This registration form may be machine copied. We reserve the right to reject any entry. **Register online at: <https://runsignup.com/Race/VA/Danville/RiverCity5K>.**

RACE PACKETS: T-shirts included for first 150 entrants.

PACKET PICK-UP: Late registration and early packet pickup is Fri. Sept 2 from 3:00-6:00 p.m. at **The Brick, 410-A Main St., Danville, VA**.

COURSE: New course. Still flat and fast, combination of street & park trail.

LIQUIDS: Available at start/finish, and at turn around,

REFRESHMENTS: Fresh fruit from Dan Valley Foods; drinks from Pepsi.

AWARDS: After the race, at the **JTI Fountain**

5-K RUN - Awards to first 3 male and female overall, and to first three in each age group; awards to first male & female master. **AGE GROUPS:** 0-14, every 5 years up to 69, 70 and over.

5-K WALK - Awards to first 3 male & female overall, and first 3 in each group 0-19, every 10 years up to 69, 70 and over.

HIGH SCHOOL TEAM COMPETITION: All teams, male & female, will have seven members (four minimum). The teams with the best overall finish will receive plaques.

CORPORATE TEAM: First Overall Finish, male or female. All teams will have seven members (four minimum). The team with the best overall finish will receive a plaque.

FOR MORE INFORMATION: Visit our web site: www.danvillerunner.org
Or call (434) 793-3409

Official Entry Form

River City Run - 2016

(Please fill out completely)

Last Name _____ First Name _____ M.I. _____

Street Address _____

City _____

State _____ ZIP _____

E-Mail address _____

Phone _____ Age (as of 9-03-2016) _____

Sex M F; _____
Place of Employment _____

Shirt Size: S M L XL

Event: 5-K Run 5-K Walk

Entry Fee of \$25.00 enclosed (\$30.00 on race day)

**Make checks payable to:
Danville Running & Fitness Club
110 Ginger Dr.; Danville, VA 24540**

Sanctioned by RRCA

**For more information, call:
(434) 793-3409**

WAIVER: (Must be signed)

In acceptance of this entry, I waive and release the sponsors, organizers and representatives of the River City 5-K from any and all claims resulting in illness or injury suffered by me as a result of this event. I also release the use of my name or any record of my participation in this event for promotional or publicity purposes without obligation to me.

Signature _____

Date _____

Parent signature (if under 18 years old) _____

Presorted
Standard
U. S. Postage
Paid
Danville, VA
Permit No. 20

The 34th ANNUAL

RIVER CITY RUN

5-K Run/Walk

September 3, 2016

5-K Run/5-K Walk – 9:00 a.m.

Proceeds:

Will be used to promote distance running
at Danville & Pittsylvania County Schools

Presenting Sponsor



Danville Regional
MEDICAL CENTER

DukeMedicine QUALITY AFFILIATE

Contributors:



DANVILLE
Running & Fitness
Club

DAN
VALLEY
Foods, Inc.



DANVILLE
Running & Fitness
Club
320 First Court
Danville, Virginia 24541